

CLAIMS

We claim:

1 A composition useful in relieving withdrawal symptoms and acute and
2 later craving in a nicotine dependent/habituated person who is abstaining from
3 or reducing nicotine intake, comprising:

4 an herb or an herbal extract providing one or more naturally occurring
5 nicotine agonists, one of the nicotine agonists potentially being anabasine in an
6 amount of at least about 0.1 (one tenth of one percent) weight percent of th
7 herb or herbal extract, or 0.2 mg of anabasine or more per dose, the herb or
8 herbal extract having from about 0 weight percent nicotine to a trace am unt
9 (unless explicitly formulated as a combination of nicotine in some explicit
10 quantity complexed with the herbal component as described herein); and

11 a carrier formulated for oral mucosal absorption (e.g., chewing gums,
12 sucking candies, syrups, oral films, intra-oral sprays, sub-lingual liquids, oral fast
13 dissolving tablets for sub-lingual dispersion, micro-emulsions, sublingual buccal
14 effervescent, trans-mucosal delivery systems, lozenge formulations, and th
15 like) of the active principles contained in the herb or herbal extract.
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